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JUST PASSING THROUGH

A beautiful young blonde boards a plane with a ticket for the economy section. She looks at the seat in economy and then looks into the forward cabin at the first class seats. Seeing that the first class seats appear to be

much larger and more comfortable, she moves forward to the last empty one.

The flight attendant checks her ticket and tells the woman that her seat is in economy. The blonde replies "I'm young, blonde and beautiful and I'm sitting here."

Flustered, the flight attendant informs the captain of the problem. The captain goes back and tells the woman that her assigned seat is in economy. Again the blonde replies "I'm young, blonde and beautiful and I'm sitting here."

The captain doesn't want to cause a commotion, and so returns to the cockpit to discuss the blonde problem with the co-pilot. The co-pilot says that can take care of the problem. He goes back and briefly whispers something in the blonde's ear. She immediately gets up, says "thank you so much," hugs the co-pilot and rushes back to her seat in the economy

section.

The pilot and flight attendant, who were watching with rapt attention, together ask the co-pilot what he said to the woman. He replied "I just told her that the first class section isn't going where she is wanted to go."







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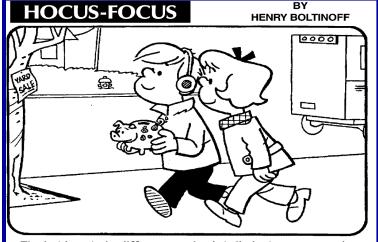
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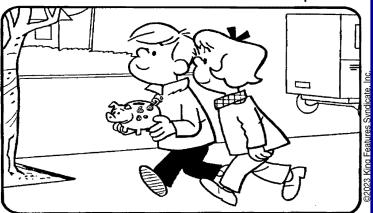
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Find at least six differences in details between panels.



Differences: 1. Poster is missing. 2. Fireplug is missing. 3. Arm is moved. 4. Headset is missing. 5. Belt is missing.



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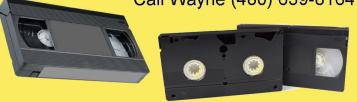


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- 1. MOVIES: What is the name of Scarlett and Rhett's daughter in "Gone with the Wind"?
- 2. GEOGRAPHY: What body of water lies between Australia and New Zealand?
- 3. TELEVISION: Eric Camden is a minister on which TV dramedy?
- 4. CHEMISTRY: Which element has the Latin name stannum (Sn)?
- 5. LITERATURE: Which book is first written in C.S. Lewis' Chronicles of Narnia series?
- 6. GENERAL KNOWLEDGE: What is the name of the bird logo on Twitter?
- 7. ANIMAL KINGDOM: How long does it take a sloth to digest food?
- 8. PSYCHOLOGY: What is the irrational fear represented by coulrophobia?
- 9. MYTHOLOGY: Which Greek god stared at his own reflection until he died?
- 10. INVENTIONS: What did Alessandro Volta invent?

6. Lairy.
7. An average of 16 days, and up to 30 days.
8. Fear of clowns.
9. Narcissus.
10. The electric battery.
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4. Tin. 5. "The Lion, The Witch and the Wardrobe."

1. Bonnie Blue Butler.2. Tasman Sea.3. "7th Heaven."

Answers Blue Bu



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BE STILL IN THE PRESENCE OF THE LORD - PSALM 37:7

CryptoQuip

This is a simple substitution cipher in which each letter used stands for another. If you think that X equals O, it will equal O throughout the puzzle. Solution is accomplished by trial and error.

Clue: G equals O

FVQS HGWBC RGW HQBB SVK
GUKJVKQC ZGMKR MKKCKC SG
ZQTMSQTM Q ZGUTME OSQTJFQR?
KOHQBQSTME HGOSO.

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- ~ DINNER: 4PM 9PM (SUN 4 8PM)

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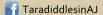
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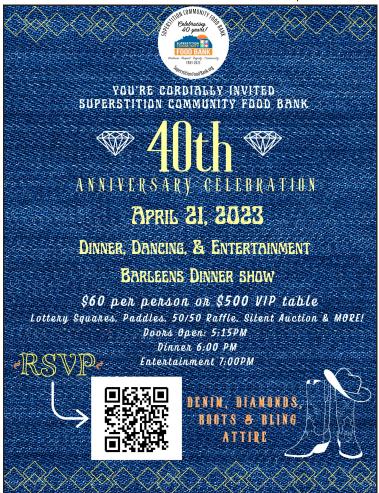
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* On March 27, 1909, fingerprint evidence was used to solve a murder case for the first time. The world's first official Fingerprint Bureau had already been created in Scotland Yard in 1901, while the first Fingerprint Bureau debuted in Calcutta, India, in 1897.

* On April 2, 1992, mob boss John Gotti, aka the "Teflon Don," was finally convicted in New York of racketeering, murder, obstruction of justice, hijacking, illegal gambling, extortion, tax evasion and loan sharking, thanks largely to the testimony of a former high-ranking Mafia member. Gotti received a life sentence without the possibility of

parole, and died in prison in 2002.

* On March 31, 1943, Rodgers and Hammerstein's first musical, "Oklahoma!" (originally titled "Away We Go"), debuted on Broadway. Based on the 1931 play "Green Grow the Lilacs" by Lynn Riggs, the beloved theatrical staple about a young farmgirl named Laurey and her two suitors continues to be produced across the country.



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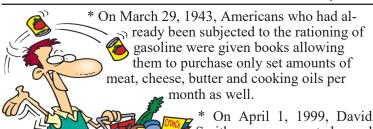
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Smith was arrested and charged with originating the 'Melissa" email virus, which infected more than a million

computers worldwide and caused more than \$80 million in damage.

* On March 28, 2000, racial tensions showed no signs of abating in the African country of Zimbabwe as President Robert Mugabe pushed forward with his plan to remove Zimbabwean farms from white ownership. The latest

death occurred when a white farmer was shot by

squatters occupying his land.

* On March 30, 2011, Peru welcomed the return of hundreds of Inca artifacts with a lavish ceremony after they'd been out of the country for nearly a century. The items were taken from the ancient site of Machu Picchu and held at Yale University, prompting the Peruvian government to launch an extended campaign against the school, insisting the artifacts had only been on loan.

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- Irish actor Stephen
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- drance Arced tennis
- shot
- Like some humor
- Avoids work
- Gumbo or bisque, e.g.
- Work unit
- Minn. neighbor
- Writer Lessina
- Pouch
- "Rah!"
- 41 Metric measure Alamos
- 45 Big lizard
- Of the lower back
- Gasp for air

King Crossword

	1	2	3	4		5	6	7		8	9	10	11
	12					13				14			
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	45	46						47			48	49	50
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	54					55				56			
	57					58				59			

6 Quirky

10 Grate

20 Actor

23 "Acid"

win

Intimidate.

with "out"

8 Where earth

meets sky

9 Battery brand

11 Swiss peaks

Holbrook

24 Tic-tac-toe

25 French red

16 Not many

- 52 Show hosted by Alex Trebek
- 54 Shoppe description
- 55 "Alley --"
- 56 Faction 57 Calendar squares
- 58 ICU workers
- 59 Pianist Myra
- **DOWN**
- 1 Karate level
- 2 Skin soother 3 "Woe -!"
- 4 Hard work
- 5 Commuter's cash-on-hand
- wine 27 Decade parts (Abbr.)

- 29 Air safety org.
- 30 Firmament 32 Pittsburgh team
- 34 Runs like a horse
- 37 Salvador
- 39 Brilliant stroke
- 42 College study 44 Big hit
- 45 Apple product
- 46 Big bash
- 48 Party cheese 49 Tosses in
- 50 Deli loaves
- 53 Long time
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Weekly **SUDOKU**

by Linda Thistle

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8			9		4		5	
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1	-	-	6			3		

DIFFICULTY THIS WEEK: •

◆ Moderate ◆◆ Challenging

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◆ HOO BOY!



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.A servant girl came to him, saying, "You also were with Jesus of Galilee." But he denied it before them all, saying, "I do not know what you are saying." ... Another girl saw him and said... "This fellow also was with Jesus of Nazareth." But again he denied with an oath, "I do not know the Man!" ...Those who stood by... said to Peter, "Surely you also are one of them..." Then he began to curse and swear, saying, "I do not know the Man!" Immediately a rooster

crowed. And Peter remembered the word of Jesus... "Before the rooster crows, you will deny Me three times." So he went out and wept bitterly.

MATTHEW 26: 69-75 20

Detail of "A rooster" by Pablo Picasso (1938)

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When I do something without being told, I am trying to be smart.

When my boss does the same, that is initiative.

When I please my boss, I am brown-nosing.

When my boss pleases his boss, he is cooperating.

When I do good, my boss never remembers.

When I do wrong, he never forgets.

When I make a mistake, I am an idiot. When my boss makes a mistake, he's only human.

When I am out of the office, I am wandering around. When my boss is out of the office, he's doing business

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NAC Supplement Helps Curb Cravings to Smoke

DEAR DR. ROACH: I'd like to have your thoughts on what value the NAC supplement may have in reducing cravings for marijuana or nicotine? I'm 73 and have been smoking marijuana daily since I was 21. Now I'm quitting for health reasons. I've been taking 1,000 mg of NAC every morning, as I've read it helps with smoking cravings. It also seems to be used for anxiety and other mental health issues, lung and heart problems ... the list goes on. I'm not going to smoke anymore, but I'm just wondering what your take is on this, as I'm thinking of sending it to my 38-year-old son who's been addicted to vaping/ cigarettes since he was a young man. He has ADD, anxiety and problems with breath capacity, and he

may have heart problems as well. He's smoking to relieve his ADD and anxiety. And, of course, he'd like to quit, but it's so hard to do so. Can the NAC supplement help me with the urge to smoke? I think it has reduced the cravings, but how would I even know? - M M

ANSWER: N-acetyl cysteine, a precursor to the amino acid cysteine, has several roles in medicine, as you say. When inhaled, it breaks up mucous, which helps people cough out thick sputum. When used intravenously, it's a specific antidote to acetaminophen (Tylenol) overdose. It has been used in these capacities for years and is safe and well-tolerated.

But, in addition, there is data that shows oral NAC (sold as a dietary supplement) may have a role in helping people overcome addictions to tobacco, with small trials showing a reduction in smoking as well as the relapse rate in people using NAC compared with a placebo.

In people who want to reduce their cannabis use, most of the data on NAC has been on younger people (adolescents and young adults), but also shows some benefit. More stringent trials are ongoing.

It is very difficult for a single person (patient or physician) to tell whether it's a "real" effect or a "placebo" effect that is causing the reduction in cravings. Only large-scale, placebo-controlled trials can show with confidence whether the treatment is more effective than a placebo. But, since the supplement is inexpensive and highly safe, and since a third-party lab found that the brands of NAC sold at reputable stores are what they say they are, I say it might be helpful.

However, there are many other products that are proven to be safe and effective to help with quitting smoking, ranging from group tobacco cessation classes, to nicotine replacement therapy, to prescription medications like varenicline and bupropion -- all of which have many years of proven clinical efficacy.

Finally, there are a lot of people with attention deficit/hyperactivity disorder who are not getting appropriate treatment as adults. Getting treatment by an expert in ADD might make quitting smoking easier and may also improve many other areas of functioning for your son.

Dr. Roach regrets that he is unable to answer individual questions, but will incorporate them in the column whenever possible.

Readers may email questions to ToYourGoodHealth@med.cornell.edu.

"MY UNFAILING LOVE FOR YOU WILL NOT BE SHAKEN," SAYS THE LORD - ISAIAH 54:10

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"BUT GOD DEMONSTRATED HIS LOVE... WHEN...CHRIST DIED FOR US" - ROMANS 5:8

ELECTRONIC CHALLENGE

★ A recently retired man quickly went out to his mail box, looked in it and went back in the house. A few minutes later he repeated this process.

The man did this seven more times. His neighbor, who was watching him said, "You must be expecting a very important letter the way you keep looking into that mail box."

The retiree answered, "No, I am trying to order a gift for my wife and my computer keeps telling me that I have mail."

BLONDIE Q & A

Q: What did the blonde say to the physicist?

A: "Why, I just love nuclear fission! What do you use for bait?"

Q: There are 17 blonds standing outside a disco but why couldn't they get in?

A: The sign said "must be 18 to enter".

Q: What do you do when a blonde throws a pin at you?

A: Run! She's got a hand grenade in her mouth.



5821 S. Camino Fuego, Gold Canyon, AZ 85118

480-532-2216

Sunday <u>Worship Schedule</u>

9AM: Bible Study

10AM: Morning Worship

5PM: Evening Worship

goldcanyonchurchofchrist.com

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IN MATTER OF STYLE, SWIM WITH THE CURRENT; IN MATTERS OF PRINCIPLE, STAND LIKE A ROCK' - THOMAS JEFFERSON

Escalating costs.

naintain a moving stairway? overhead money needed to What could you call the

answer

LORD, GRANT ME SPEECH THAT IS TRUTHFUL

Weekly SUDOKU King Crossword **Answers** Answer Solution time: 24 mins. 5 4 6 1 8 9 3 4 2 Ε LSA ADS OVA LOMBARDY RESP 7 9 5 OFF CH 9 2 6 WRY LOAF 9 5 2 3 ERG SAC 4 6 3 8 7 G R A M 5 9 3 1 LUMBA ANT JEOPARD 3 2 4 5 0 DE S 8 6 4

American Legion Post 27

1018 So. Meridian Rd., Apache Jct. AZ Phone: 480-354-2571

www.apachepost27az.org / FB: @AjAmericanlegion27 Serving Veterans & Community for Over 60 Years



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Our Kitchen is Open! / "Daily Specials"

Dinner is Served Tuesday through Saturday 4 - 8pm



"Queen of Hearts" Tuesday Night 7:00 pm "Tickets On Sale at the Bar"



*Monday Bingo is Back!

(Monday 3pm) & (Caturday 1pm) BINGO



<u>L</u>ive Music

Band Schedule 03-01 thru 03-31



Tuesday 5-9pm	Wednesday 5-9pm	Thursday 5-9pm	Friday 5-9pm	Saturday 5-9pm
	03/01 Shiftwork	03/02 Reign-N-Country	03/03 Reign-N-Country	03/04 Reign-N-Country
03/07 Dakotas	03/08 Dakotas	03/09 Roadhouse Wranglers	03/10 Roadhouse Wranglers	03/11 Roadhouse Wranglers
03/14 MarDe & the Buzz	03/15 MarDe & the Buzz	03/16 Canyon Band	03/17 Canyon Band	03/18 Canyon Band
03/21 Shiftwork	03/22 Shiftwork	03/23 3 Speed	03/24 3 Speed	03/25 3 Speed
03/28 Roadhouse Wranglers	03/29 Roadhouse Wranglers	03/30 Audrey Hicks	03/31Audrey Hicks	04/01Audrey Hicks





"MONDAY NIGHT FOOTBALL" DEBUTED IN 1970



VFW Post 7968 March Events - WE ARE NOW A NON SMOKING POST -



Thur. Mar. 2nd Club & Planning Mtg. 5:30 & 6pm Fri. Mar. 10th Aux Feather Party 5pm

Mon. Mar. 13th Post Nominations & Aux Meeting 7pm 🖠 Wed. Mar 15th Aux Meatloaf Dinner 5-7pm

Friday Mar. 17th St. Patrick's Day Corned Beef & Cabbage 5pm Wed. Mar. 22nd Volunteer Appreciation Dinner 4:30 Wed. Mar. 29 Natl. Vietnam War Day Flag @ 12pm Fri. Feb. 17th Aux Feather Party

Sun. Members Hold'Um 12pm / Aux Bingo 4pm.

7968 www.vfwpost7968.org



WANTED!

Mexican Mondays 11:am - 1:30pm Tues - Post Bingo 2pm / Fri - Post or Aux Bingo 3pm Tuesday - Broasted Chicken & Burgers 4:30-7:00pm Tuesday - Friday Lunch Specials 11-1:30pm Thursday - Wings & Things! 5-7:00pm / Karaoke 5pm Fri. - Ribs, Shrimp or Cod Dinner 5-7:00pm Entertainment 5-9pm Sat. - Ribeye Steak, Shrimp or Chicken Tenders 5-7:00pm Sat. Queen of Hearts 5-7:30pm / Sat. Entertainment 5-9pm

March Band Schedule Live Music Starts @5pm

	Tuesday	Wednesday	Thursday	Friday	Saturday	
			03/02 Karaoke w/Todd	03/03 Rick Diamond	03/04 Rick Diamond Band	
	03/07 Jerry Barr		03/09 Karaoke w/Todd	03/10 Bob Cats	03/11 Rusty Wagon	
	03/14 Gordie & Debbie	03/15 Jim Leslie	03/16 Karaoke w/Todd	03/17 Roadhouse Wranglers	03/18 Roadhouse Wranglers	
	03/21 Sherri Bustin Loose		03/23 Karaoke w/Todd	03/24 Rush Street	03/25 Triple Play	
	03/28 David Grimes		03/30 Karaoke w/Todd	03/31 Mardee & the Buzz		
2	250 S. Phelps Drive, Apache Junction 85120 More Info. Call: 480-671-6239					

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ETERNITY IS GOD'S DURATION

by Freddy Groves

VA CEMETERY ASSOCIATION RANKS HIGH

On the American Customer Satisfaction Index (ACSI) the Department of Veterans Affairs' National Cemetery Association was given the highest score ever received by any goods and services organization that ACSI covers. And not for the first time. This recent rating marks the seventh time in a row that the cemetery association has come in first in a survey covering over 400 U.S. corporations providing everything from utilities, health care and insurance to restaurants, travel and manufacturing ... and cemetery

That's saying a lot. Given the nature of cemeteries in general and what they provide, for a cemetery association to be listed at the top of satisfaction surveys so many times is amazing, because there are many possible areas for unhappiness.

The VA's National Cemetery Administration provides services to the families of veterans at 121 locations. These services include burial, headstones and markers, medallions, military honors and more. In one year alone, last year, the NCA buried over 145,000 veterans and family members.

To determine if a veteran is eligible for VA burial benefits, go to www.cem.va.gov. Look for information on types of discharge, applying for a burial allowance and services provided.

If you've lost a veteran, are you familiar with the Veterans Legacy Memorial? It's a digital platform with over 4.5 million veterans listed where friends and families can post biographies, documents and photos of their veteran. Each individual bio includes branch of service, dates of birth and death, war period, rank and more. The profiles can also be emailed and posted to Facebook and Twitter. (Unfortunately, Arlington National Cemetery is not included in this memorial.) To find the memorial, go to www.vlm.cem.va.gov.

If you are a veteran who might be eligible for burial in a national cemetery, consider planning in advance. Search for "Pre-need eligibility" on the www.cem.va.gov website.

An amusing note: While the NCA received a satisfaction score of 97%, the overall rate for all government agencies was 66%. The Department of the Treasury, of course, came in last.

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