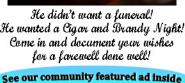
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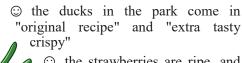
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- the strawberries are ripe, and cab drivers are even riper
- your pool water starts to boil in the sun
- the hot-dogs sold at the ballpark are actually hot
 - your brother's braces make blisters on his lips
- ② a scalding hot shower still cools you down
- people walking down the sidewalk spontaneously burst into flames
- air-conditioned restaurants add 20% to your bill and you're glad to pay it.
- the politicians take their hands out of your pockets to fan themselves
- you need a spatula to remove your clothing
- seats instead of leather
- pigs complain about sweating like humans







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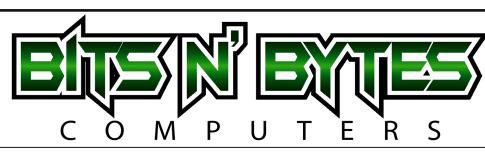


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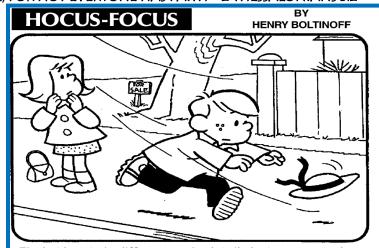
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Differences: 1. Jacket is different. 2. Pocketbook is missing. 3. Sign is moved. 4. Leg is moved. 5. Post is different. 6. Hat is moved.



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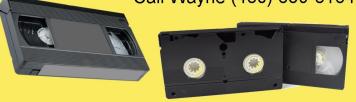


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- 1. FOOD & DRINK: Which U.S. city is known for its square pizzas with crunchy corners?
- 2. TELEVISION: Which character became a fugitive in the final season of "The Office"?
- 3. GEOGRAPHY: Which of the Great Lakes lies entirely within the United States?
- 4. LITERATURE: Which famous novelist wrote his last book in crayon due to poor eyesight?
- 5. GAMES: What are the two most valuable letters in Scrabble?
- 6. MOVIES: Which movie series features a character named Ellen Ripley?
- 7. LANGUAGE: What is a "schwa"?
- 8. GENERAL KNOWLEDGE: Which nation is credited for being the top beer-drinking country in the world?
- 9. ANATOMY: What is a common name for the axilla?
- 10. ANIMAL KINGDOM: What do you call an ant's home?

(c) 2023 King Features Synd., Inc. 10. A nest or formicary. 9. Armpit. 8. Czech Republic.

seuted by an upside-down 7. Unstressed vowel repre5. Q and Z (10 points each). 4. James Joyce.

> 3. Lake Michigan. 2. Creed Bratton.

1. Detroit. Answers



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CryptoQuip

This is a simple substitution cipher in which each letter used stands for another. If you think that X equals O, it will equal O throughout the puzzle. Solution is accomplished by trial and error.

Clue: Q equals L

HGDV QFRBDQ MFJD RO HPLG

F KMGDJD LT CQPJCQFJ GPK

MTJDWX OFBLVDB, PL HFK F

CTTQ-GFBWX OQFV.

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- ~ DINNER: 4PM 9PM (SUN 4 8PM)

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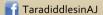
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Moments in time THE HISTORY CHANNEL

* On March 24, 1882, German scientist Robert Koch discovered the bacterium responsible for tuberculosis. Regarded today as the "father of modern bacteriology," Koch was awarded the Nobel Prize in Physiology and Medicine in 1905.

* On March 21, 1928, President Calvin Coolidge presented Charles Lindbergh with the Congressional Medal of Honor for "displaying heroic courage and skill as a navigator, at the risk of his life, by his nonstop flight in his airplane, the Spirit of St. Louis, from New York City to Paris, France, 20-21 May 1927, by which Capt. Lindbergh not only achieved the greatest individ-

ual triumph of any American citizen but demonstrated that travel across the ocean by aircraft was possible."

* On March 20, 1922, Hubert Work gave an order that all American homes need to be equipped with an item that the majority of us undoubtedly take for granted today: a mailbox. Work

was the country's U.S. Postmaster General, and failure to comply with the order carried a penalty of giving up one's mail delivery.



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* On March 22, 1978, Karl Wallenda, founder of the Flying Wallendas, fell from a tightrope 10 stories to his death during a promotional appearance for the Pan American Circus. The 73-year-old acrobat was crossing between the two towers of the Condado Plaza Hotel in San Juan, Puerto Rico.

On March 23, 1973, Yoko Ono was granted permanent residence in the United States. However, the good news did not extend to her hus-

band, former Beatle John Lennon. He was issued a 60-day notice to leave the country.

* On March 26, 2019, former First Lady Michelle Obama's memoir, "Becoming," surpassed 10 million copies in sales just four months after its publication. It had already become America's best-selling book in 2018 after a mere 15 days.

* On March 25, 1995, Howard G. (Ward) Cunningham, an

American computer programmer and pioneer in both design patterns and extreme programming, introduced the wiki, or "user-editable website." Today, Wikipedia is the world's most well-known and widely used wiki.

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King Crossword

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ACROSS

- Two-wheeler Bumped into
- 8 Pack (down) 12 Ireland
- 3 Peyton's brother
- "The Time Machine" people
- Octopus arm
- Lunch hour
- 18 Request 19 IV measures
- 20 Must-haves
- Chai, e.g.
- Vagrant
- More recent
- Goddess of wisdom
- Tehran's country
- Sly one
- Tidy
- Workshop cutter
- Rock
- Very long time
- Possesses
- 38 Brainv
- Small barrel
- "The Wedding Planner" actress, to fans
- New York's -Field
- Bicycle type
- 48 N. Mex. neighbor
- Lingus

- 14 15 16 18 24 25 28 33 36 37 39 43 45 46 48 49 50 51 52 53
 - 50 Pitt of "Moneyball"
 - 51 Carry
 - 52 Layer
 - 53 Round Table titles

DOWN

- 1 Test version 2 Enrages
- 3 Neck problem 22 Beiderbecke 4 Tolkien crea-
- ture
- 5 Pilgrimage site
- 7 Dead heat 8 Some urban
- homes 9 Medicinal

- plant 10 Disposition
- 11 Bowling targets
- 16 Computer brand
- 20 Convent manager
- 21 Prepare meat 39 Surrealist for cooking
- of iazz 23 Pen tip
- 24 Mound stat
- 25 Pallid 6 Building wings 26 Trim the grass 43 Tragic king

 - 27 Old Oldsmobile
 - 28 Moving day rental

- 29 Packed away 31 Summer cool-
- 34 Drunkard 35 Droops
- Ford or Hudson
- 38 Ella's style
- Joan
- 40 Bickering
- 41 Fall (over) 42 Ryan of
- "Boston Public"
- 44 Probability
- 46 Light touch 47 "Frontline"
- airer

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Weekly SUDOKU

by Linda Thistle

6		4			5		3	
	5		6			8		
3				4				7
	1		9		3			5
9				2		6		
		3	4				1	
	9			1		4		
		6			8			1
8			7				9	

DIFFICULTY THIS WEEK: ◆

Moderate



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The brunette says, "We're late, so you watch out the back window for cops."

As she speeds down the road she asks the blonde, "So, do you see any cops?"

The blonde replies, "Yes."





Yes. No. Yes. No... "

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RECREATIONAL TIANEPTINE HAS POTENTIAL FOR ABUSE

DEAR DR. ROACH: I've been hearing about tianeptine being sold at gas stations. Is it dangerous? -- S.F.

ANSWER: Like so many substances, tianeptine can be a useful drug when prescribed and taken correctly (it's used in several countries for depression), but it is indeed dangerous when used recreationally. Its use has been banned in several (unfortunately not all) states across the U.S. It is sold (yes, especially at gas stations) as a dietary supplement. Because it acts on the same receptor as morphine, when used at high doses far beyond the medically approved dose, it has potential for abuse and even overdose, with a handful of deaths ascribed to its use. I recommend in the strongest possible terms against its recreational use and hope it is completely banned soon.

DEAR DR. ROACH: I have severe pain in my right shoulder. I have seen two orthopedists and received X-rays, MRI scans and a cortisone injection, which didn't work. Both surgeons recommended a shoulder replacement. I am taking three adult aspirins each morning (I am allergic to NSAIDs), which makes the pain go away. Is this safe? I am 83 and otherwise healthy. -- J.B.

ANSWER: Aspirin is a type of non-steroidal anti-inflammatory drug and has the toxicities common to all the drugs in that group, including an increased risk for bleeding and potential damage to the stomach and kidneys. But it has additional toxicities beyond NSAIDs like ibuprofen, especially at higher levels. I am very cautious about prescribing aspirin and generally prefer other anti-inflammatory medicines.

However, people have long taken aspirin -- sometimes at much higher doses -- usually without problems. The fact that you are taking it only once a day reduces the toxicity, but I have to say I am surprised the benefit is lasting all day.

The risk of toxicity is higher at older ages. At 83, you are at a significantly higher risk (seven times the risk) than younger people. Most of the data on exactly what your risk is comes from people taking low-dose aspirin (81 mg, not the 975 mg you are taking), so I can't give you an evidence-based answer. But, for men in their 80s taking low-dose aspirin, about 1.5% will have a serious bleeding event per year. Your risk will be significantly higher due to the much-larger dose you are taking. However, one has to consider both the benefits of the aspirin treatment (the pain being gone is the best possible outcome) and the toxicity of other possible treatments, such as surgery (which is very significant).

There are many classes of NSAIDs, with very different chemical properties, and it is likely there is another type of NSAID you could safely take, with a lower risk than the dose of aspirin you are currently on. On the other hand, you can't get any better effectiveness, at least in terms of pain, and the absolute risk is still fairly small, so I'm not sure I recommend you change. I am always very cautious about recommending surgery to someone in their 80s when there is an effective medication available to treat the issue.

Dr. Roach regrets that he is unable to answer individual questions, but will incorporate them in the column whenever possible. Readers may email questions to ToYourGoodHealth@med.cornell.edu. (c) 2023 North America Synd., Inc. All Rights Reserved

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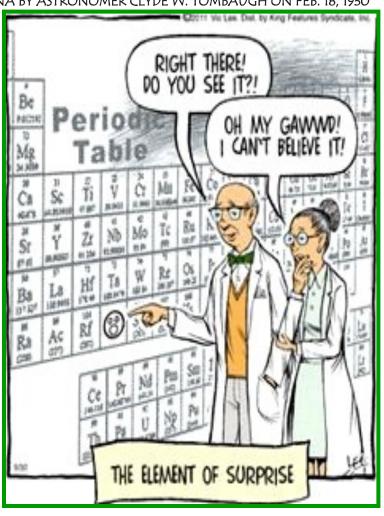
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An 80-year old man's doctor is amazed at what good shape the guy is in and asks, "What do you do for exercise?"

"I golf," says the old guy, "that's why I'm in shape. I'm on the fairways before sunrise and all is well."

"Well," says the doctor, "How old was your Dad when he died?" "Who said my Dad's dead?"

The doctor is amazed. "You mean you're 80 years old and your Dad's still alive. How old is he?"

"He's 100 years old," says the old golfer. "In fact he golfed with me this morning, that's why he's still alive ...

he's a golfer too."

"Well," the doctor says, "that's great, but I'm sure there's more to it. How old was your grandfather when he died?"

"Who said my grandpa's dead?"

Stunned, the doctor asks, "Your grandfather's still living! Incredible, how old is he?"

"He's 118 years old," says the old golfer. The doctor is getting frustrated at this point, "So, I guess he went golfing with you this morning too?"

"No. Grandpa couldn't go this morning because he's getting married today."

"Getting married!!" yelled the doctor. "Why would a 118 yearold guy want to get married?"

"Who said he had a choice?"



5821 S. Camino Fuego, Gold Canyon, AZ 85118

480-532-2216

Sunday <u>Worship Schedule</u>

9AM: Bible Study

10AM: Morning Worship

5PM: Evening Worship

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MY SOUL FINDS REST IN GOD ALONE—PSALM 62:1



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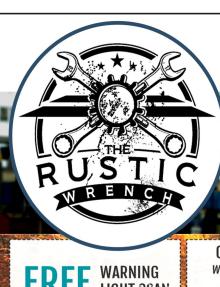
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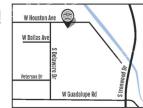




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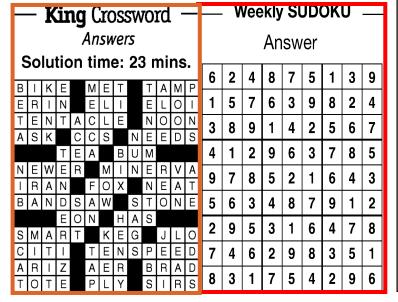
POLICE HAVE ONE OF THE FEW JOBS WHERE THE CUSTOMER IS ALMOST ALWAYS WRONG

fool-Hardy plan. comedy partner, it was a a scheme to ilimilam his Myben Laurel came up with

answer

CryptoQ

resist the devil and he will flee from you



American Legion Post 27



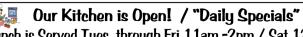
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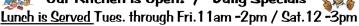


The American Legion wants you!

Are You a Member of the American Legion Family?

If you are related to a Veteran? Past or present, you may be eligible! Check with any of the Post 27 Officers. Come & Join our Legion Family! (AMERICAN LEGIONAIRES) (AMERICAN LEGION AUXILIARY) (SONS OF THE AMERICAN LEGION) (AMERICAN LEGION RIDERS)





Dinner is Served Tuesday through Saturday 4 - 8pm



"Queen of Hearts" Tuesday Night 7:00 pm "Tickets On Sale at the Bar"



*Monday Bingo is Back!

(Monday 3pm) & (Caturday 1pm) BINGO





Band Schedule 03-01 thru 03-31



Tuesday 5-9pm	Wednesday 5-9pm	Thursday 5-9pm	Friday 5-9pm	Saturday 5-9pm
	03/01 Shiftwork	03/02 Reign-N-Country	03/03 Reign-N-Country	03/04 Reign-N-Country
03/07 Dakotas	03/08 Dakotas	03/09 Roadhouse Wranglers	03/10 Roadhouse Wranglers	03/11 Roadhouse Wranglers
03/14 MarDe & the Buzz	03/15 MarDe & the Buzz	03/16 Canyon Band	03/17 Canyon Band	03/18 Canyon Band
03/21 Shiftwork	03/22 Shiftwork	03/23 3 Speed	03/24 3 Speed	03/25 3 Speed
03/28 Roadhouse Wranglers	03/29 Roadhouse Wranglers	03/30 Audrey Hicks	03/31Audrey Hicks	04/01Audrey Hicks





NOAH SAID, "NOW I 'HERD' EVERYTHING"



VFW Post 7968 March Events - WE ARE NOW A NON SMOKING POST -



Thur. Mar. 2nd Club & Planning Mtg. 5:30 & 6pm Fri. Mar. 10th Aux Feather Party 5pm

Mon. Mar. 13th Post Nominations & Aux Meeting 7pm Wed. Mar 15th Aux Meatloaf Dinner 5-7pm

Friday Mar. 17th St. Patrick's Day Corned Beef & Cabbage 5pm Wed. Mar. 22nd Volunteer Appreciation Dinner 4:30 Wed. Mar. 29 Natl. Vietnam War Day Flag @ 12pm Fri. Feb. 17th Aux Feather Party

Sun. Members Hold'Um 12pm / Aux Bingo 4pm.

7968 www.vfwpost7968.org



Mexican Mondays 11:am - 1:30pm

Tues - Post Bingo 2pm / Fri - Post or Aux Bingo 3pm
Tuesday - Broasted Chicken & Burgers 4:30-7:00pm
Tuesday - Friday Lunch Specials 11-1:30pm
Thursday - Wings & Things! 5-7:00pm / Karaoke 5pm
Fri. - Ribs, Shrimp or Cod Dinner 5-7:00pm Entertainment 5-9pm
Sat. - Ribeye Steak, Shrimp or Chicken Tenders 5-7:00pm
Sat. Queen of Hearts 5-7:30pm / Sat. Entertainment 5-9pm

March Band Schedule Live Music Starts @5pm

Mai cii banu Schedule					
Tuesday	Wednesday	Thursday	Friday	Saturday	
		03/02 Karaoke w/Todd	03/03 Rick Diamond	03/04 Rick Diamond Band	
03/07 Jerry Barr		03/09 Karaoke w/Todd	03/10 Bob Cats	03/11 Rusty Wagon	
03/14 Gordie & Debbie	03/15 Jim Leslie	03/16 Karaoke w/Todd	03/17 Roadhouse Wranglers	03/18 Roadhouse Wranglers	
03/21 Sherri Bustin Loose		03/23 Karaoke w/Todd	03/24 Rush Street	03/25 Triple Play	
03/28 David Grimes		03/30 Karaoke w/Todd	03/31 Mardee & the Buzz		

250 S. Phelps Drive, Apache Junction 85120 More Info. Call: 480-671-6239

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'LACHANOPHOBIA" MEANS 'AFRAID OF VEGETABLES'

VETERANS * POST *

by Freddy Groves

REPORTS FROM THE VA OFFICE OF INSPECTOR GENERAL

Who would have thought it ... stealing diabetic test strips for profit? Apparently there's money to be made from those medical supplies. And one Michigan woman, in charge of procurement at a Department of Veterans Affairs pharmacy, made a lot of it, stealing in excess of 7,500 boxes of the strips over the years.

She wasn't alone in the scheme. She'd sell them to a co-thief who'd make her own sales down the line to a third party in Pennsylvania.

The first in line in the theft chain has already confessed and faces 20 years in the slammer, not to mention a very hefty fine. The second in line also confessed. The two of them, however, are pointing fingers at Number Three, who they say is the actual mastermind of the thefts.

Diabetic test strips? Who knew?

Then there is the New Jersey former Marine who claimed PTSD from having to handle human remains after natural disasters in two foreign countries. Before his scheme fell apart, he'd netted in excess of \$118,000 in disability benefits. His big mistake, besides telling lies, was that he sent threatening messages to a member of the Office of Inspector General staff, plus anyone else who would be working on the case. He'll be sentenced this summer, but he's looking at 10 years in prison and heavy fines just for the lying part, and five years for the threats as well as big fines.

In Oklahoma, a man phoned a VA facility threatening to kill people ... and then he showed up. His beef, apparently, was not getting a quicker appointment date to be seen at the clinic. He wanted his meds, and he gave them 30 minutes to prescribe them or he'd be there to murder people. Not only did he have a loaded .357 firearm (and a handful of zip ties), but he took the items into a federal facility. He later claimed not to remember making the call.

To read more reports from the OIG, go to www.va.gov/oig and scroll down.

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